



District 6 Digest

"An Attitude of Service"

www.d6tm.org

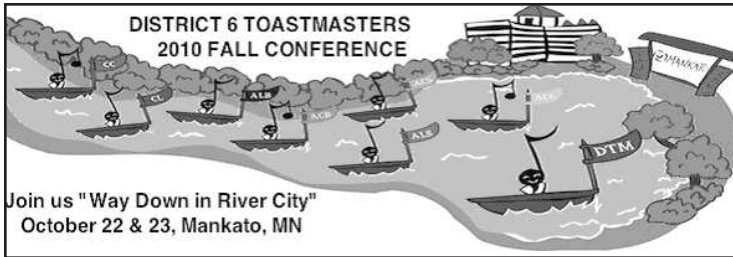
Toastmasters



International

October 2010

Volume 68 Issue 1



2010 Fall Conference October 22 and 23

Our Fall Conference will be held at the Mankato City Center Hotel, located at 101 East Main Street, in beautiful Mankato, Minnesota on Friday and Saturday, October 22 & 23, 2010. Come cheer on our Divisional speech contest winners as they compete in Humorous Speech and Table Topics Contests, enjoy educational sessions, and socialize with your Toastmaster friends.

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District 6 Toastmaster of the Year Presented to Ravi Rai

Ravi Rai, from Rivers Division and Word Masters 2848, received the prestigious award for outstanding service for the July 1, 2009 to June 30, 2010 period.



2009 District 6 Division Governor of the Year Presented to Linda Larson

Southern Division was President's Distinguished under Linda Larson's leadership. All of the areas in the Southern Division were Distinguished or higher.

Left to right: Stephen Shaner, Linda Larson

About District 6 Digest

District 6 Digest is a publication by and for the Toastmasters of District 6 in Minnesota, USA, and Northwestern Ontario, Canada.

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2009 District 6 Area Governor of the Year Presented to Kim Windingland

Kim Windingland led Area 63, from the Prairie Division, to Presidents Distinguished. He was recognized for many achievements.



Left to right: Catherine Cardenuto, Allan Bernard, Roger Revak, and Stephen Shaner

Roger Revak Wins District 6 2010 International Speech Contest

Roger Revak, representing Rivers Division, wins the Spring International Speech Contest.



Catherine Cardenuto, Allan Bernard, Daniel Codner, Stephen Shaner

Daniel Codner Wins Spring 2010 Tall Tales Contest

Daniel Codner, representing Northern Division, wins the Spring Tall Tales Contest.

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2010 Fall Conference October 22 and 23

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FRIDAY FUN NIGHT

Friday Fun Night is a tradition at the Fall Conference. This year, step into a treasured era and enjoy an old fashioned Ice Cream Social! Join your friends in a Turn-of-the-Century Parlor with all the food, music, and fun to bring you back in time on Friday, October 22.

Dress Friday Night in early 1900's garb for a real River City experience! This was the dress to impress era where the bigger the hat the better! Gents and Ladies, if you have a hat you'd like to show off, be sure to enter the "Most Magnificent Hat" contest! Gents, are you proud of your River City mustache? Enter the "Most Magnificent Mustache" contest. There are great prizes for both contests!

A Conference Registration Form is on page 7 of this Digest.



Left to right: Allan Bernard, Stephen Shaner, Brian Hinton, and Catherine Cardenuto

Brian Hinton Receives the 2009 Don Murray Award

This award goes to a quiet behind the scenes type of person whose contributions over the years have helped the District and his or her fellow Toastmasters. For this year the award was presented to Brian Hinton.



David Deutsch Receives the Lou Novak Award

Each year the Lou Novak award is presented at the District Spring Convention to a Toastmaster who significantly contributes to the growth of a new club or new clubs in District 6. The award for 2009 goes to David Deutsch.

District 6 Hall of Fame for 2009-2010

Distinguished Clubs

| Club Number | Club Name | Club Number | Club Name |
|-------------|--------------------------|-------------|-----------------------------------|
| 867276 | Brave Hearts | 1290704 | Pain Free MCS |
| 1252465 | BWBR Flying Toasters | 1891 | Pillsbury Club |
| 4179 | Capitol Club | 490 | Plain-ly Speaking |
| 6042 | Capitol Square | 3998 | Positively Outspoken Club |
| 5917 | Chamber Toastmasters | 3939 | Power Up Toastmasters Club |
| 1227767 | Deloitte Minneapolis | 5948 | Pru Toasters Club |
| 1069401 | Eloquent Nooners | 5429 | Riverview Club |
| 1224471 | Escalate | 4805 | Shock, Rhythm And Talk |
| 373 | Four Seasons Club | 1789 | Speakeasy Club |
| 5348 | FRB \$peakea\$y Club | 4316 | Talking Heads Club |
| 4749 | G.R.E. Energizers Club | 1286458 | Tech Masters-Twin Cities |
| 7124 | Heart of the Harbour | 1239232 | Toastmasters of Pharmacy Services |
| 1487 | High-Tech Talkers Club | 1148602 | Uncle Wyatt's Toastmasters |
| 388 | Lakers Toastmasters Club | 1356444 | United We Toast |
| 175 | Mankato Toastmasters | 5338 | Voices Of Ameriprise Financial |
| 2090 | Nanabijou Club | 8582 | Westerly Winds Toastmasters Club |
| 1095035 | Oracle Toastmasters | 6144 | Whole Wheat Toastmasters Club |
| 6553 | Word Merchants Club | | |

Select Distinguished

| Club Number | Club Name | Club Number | Club Name |
|-------------|--------------------------|-------------|------------------------------------|
| 725 | Antlers Toastmasters | 7215 | Shakopee Club |
| 6227 | Apple Valley 5 | 68 | Sound Bytes Toastmasters |
| 3561 | Blues Communication Plus | 3096 | Speakers Under Pressure |
| 5913 | Cargill Trademasters | 588511 | St. Cloud VA Club |
| 6393 | Carlsonics Toastmasters | 6594 | Stagecoach Speakers |
| 6025 | Creative Memories Club | 948995 | Stagecoach Speakers - Eden Prairie |
| 4807 | Daylighters Club | 2140 | Sunrisers Club |
| 652257 | Fairly Fluent Club | 5290 | Talking Meds Club |
| 780801 | Generally Speaking | 7225 | TCO Speakos |
| 208 | King Boreas | 6348 | TicTalkers |
| 7507 | Lawson Thrill Speakers | 1079176 | TKDA Toastmasters |
| 1428 | Pacemasters Club | 5930 | Toast Of The West Toastmasters |
| 922 | Paul Bunyan Toastmasters | 691612 | Unusual CHR-Acters Toastmasters |
| 4535 | Pine Island Club | 7127 | Westside Speakers Club |
| 1084119 | Prime Timers | 5751 | Wind Chimes Club |
| 7527 | Public Employees Club | 9393 | Word Leaders Toastmasters |
| 2512 | Realtors Toastmasters | 7541 | Words-Of-Mouth Club |

President's Distinguished

| Club Number | Club Name | Club Number | Club Name |
|-------------|-------------------------|-------------|--------------------------------|
| 2748 | Anoka Club | 1284 | MNRPCV Toastmasters |
| 933954 | Blue Toasters Club | 1101383 | Money Talks |
| 1007533 | Bullseye Toastmasters | 3852 | Mutual Voices Club |
| 6742 | Community Spirit | 609048 | Noontime Expressions |
| 3107 | Converse All Stars Club | 4437 | One Voice Club |
| 1349520 | Crosstown Talkers | 9033 | River Park Toastmasters Club |
| 4972 | Cultivated Club | 1409 | Riverbank Ramblers |
| 1311729 | Elk River Area | 7734 | Rogers Toastmasters Club |
| 167 | First St Paul Club | 4216 | Roller Toasters Club |
| 591398 | Five Star Speakers Club | 9196 | Saturday Morning Live Club |
| 1062040 | Golden Toasters | 560 | Securian Toastmasters Club |
| 5172 | Happy Talkers Club | 7470 | Southern Minnesota Mentors |
| 5910 | Harborview Club | 2376 | Spartan Speakers Wenell Club |
| 9648 | HealthToasters Club | 9893 | Speak N' Eagan Club |
| 205 | Hiawatha Valley Club | 5886 | St. Paul Speakers |
| 7443 | Hudson Rise 'n Shine | 931300 | Stagecoach Speakers-HMMC |
| 821458 | Humor-US Club | 1042056 | Stagecoach Speakers-RCIS |
| 4324 | Hutchinson II Club | 8067 | Stock Tockers Club |
| 6747 | IBM Toastmasters Club | 1098516 | SUPER Communicators |
| 447 | King Of Clubs Club | 4701 | Super Speakers Club |
| 1128511 | Lunchbunch Toastmasters | 4583 | The Southwest Tale Weavers |
| 7179 | Marsh Winds | 1767 | Thrivent Toastmasters Club |
| 5536 | Mayo Daybreakers Club | 8204 | Tuesday With Toastmasters Club |
| 4677 | Mayo Hi-Nooners Club | 591 | Vikings Club |
| 1000 | Midday Mumlbers | 3670 | Voice of Leadership Club |
| 2312 | Mills Early Risers Club | 2848 | Word Masters Club |
| 1036446 | MN Power | 5582 | XNSPeakers Club |

2009-2010 Division Toastmaster and Area Governors of the Year

| Division | Toastmaster of the Year | Area Governor of the Year |
|---------------|-------------------------|---------------------------|
| Central | Earl Netwal | Jim Sharpsteen |
| Eastern | Gretchen Coons | Larry Marik |
| Frontier | Noel Field | Lisa Burnside |
| International | Sue McCoy | Peggy Welter |
| Metro | Bruce Smith | Jill Nauman |
| Northern | Ed Sodergren | Donna Richardson |
| Prairie | Rich Andresen | Kim Windingland |
| Rivers | Ravi Rai | Vitalia Bryn-Pundyk |
| Southern | Sherry Westland | Janet Betz |
| Western | Marvel Kummer | Jane Rischmiller |

Areas and Divisions Distinguished or Higher

| Area or Division | Governor | Status | Area or Division | Governor | Status |
|----------------------|--------------------|---------------|------------------|---------------------|---------------|
| Area 2 | Bill Metrey | Distinguished | Area 52 | Donna Richardson | Select |
| Area 3 | Mike Meagher | Distinguished | Area 53 | Rob Barker | Distinguished |
| Area 4 | Pamela Morrison | Select | Area 54 | BJ Olsen | Select |
| Area 13 | Francene Niemiec | Select | Area 55 | Pat Galt | Distinguished |
| Area 14 | Larry Marik | Distinguished | Area 56 | Marcia Rice | Distinguished |
| Area 15 | Doreen Dawson | Distinguished | Prairie | Diane Windingland | Select |
| Area 16 | Mark Kvidera | Distinguished | Area 62 | Anne Groetsch | Presidents |
| Frontier | Julia Schlack | Select | Area 63 | Kim Windingland | Presidents |
| Area 21 | Lisa Burnside | Distinguished | Area 64 | Robert Anderson | Distinguished |
| Area 22 | Tony Scales | Distinguished | Rivers | Faye Hefele | Select |
| Area 23 | Tod Sherman | Select | Area 71 | Betty Chan | Distinguished |
| Area 25 | Mary-Shea Murphy | Distinguished | Area 72 | Fred Domnick | Select |
| International | Nancy Shaner | Distinguished | Area 73 | Dennis Feller | Presidents |
| Area 31 | Elizabeth Simonson | Distinguished | Area 74 | Denise Ritchie | Distinguished |
| Area 34 | Peggy Welter | Select | Area 75 | Donald Rollefson | Select |
| Area 41 | Jill Nauman | Select | Area 76 | Vitalia Bryn-Pundyk | Presidents |
| Area 42 | Dan Burkart | Distinguished | Southern | Linda Larson | Presidents |
| Area 43 | James Kickul | Distinguished | Area 81 | Jill Eliason | Distinguished |
| Area 44 | Michael Sicard | Distinguished | Area 82 | Ann Maxfield | Distinguished |
| Area 45 | Kevin Kunnari | Distinguished | Area 83 | Clint Calvert | Select |
| Area 47 | Sarah Zeiher | Select | Area 84 | Janet Betz | Presidents |
| Area 47 | Sarah Zeiher | Select | Area 85 | Unnikrishnan | Distinguished |
| Area 92 | Ravi Bakshi | Distinguished | Western | Gopinathan | |
| Area 94 | Chris Tunseth | Distinguished | Area 81 | David Deutsch | Distinguished |
| | | | Area 82 | Jane Rischmiller | Select |
| | | | Area 93 | Christine Voss | Distinguished |
| | | | Area 96 | | |

District Officer Reports



An Opportunity to Serve

Stephen Shaner, DTM, District Governor

Recently, I ordered a to-go salad from a restaurant close to my office. When I returned to my desk, I discovered that they had neglected to pack my salad dressing. I didn't have time to go back, so I ate the salad sans dressing. When I returned to the restaurant about a week later, they greeted me by name, apologized for the error and bought my lunch. Wow! They "knocked my socks off" with exceptional customer service even though I never said a word. Have you ever received this type of service?

What would it be like if our speech evaluators or our meeting Toastmasters gave this kind of service? How would our Toastmasters experience change if we gave this kind of service as a grammarian? Whether we are striving to give the perfect presentation or to be a servant leader, choosing an attitude that leads us to this type of service is essential.

Everything that we do in Toastmasters, every role, is an opportunity to serve. Be it presenter, audience member, judge or district officer, we have the opportunity to take a step back in every situation and ask, "How can I be of service in this situation?" By doing this consistently, we can grow as a leader and perfect the art of giving exceptional service.

Our theme this year is "An Attitude of Service." As we continue our growth this year, I challenge all of us to choose an attitude that will enable us to "knock the socks off" of those we serve.



Challenge Yourself!

Catherine Rai Cardenuto, DTM

Lt. Gov. of Education and Training

Have you thought about achieving your DTM (Distinguished Toastmaster Award)? Are you uncertain about the next steps in your Toastmasters journey? Have you just completed (or are you about to complete) your Competent Communicator Award? Where would you like to be at this time next year?

No matter what you are striving for, Toastmasters has a way to help you get there. Now is the perfect time to plan your goals for the current Toastmasters year. Commit to the next level of the communication and/or leadership path. Talk to your President and VP of Education and get on the schedule. If you are uncertain as to how Toastmasters can help contact your Area or Division Governor or talk to other Toastmasters who have been there. There is a wealth of information and experiences just waiting for you. Take a chance. You will be glad that you did.



Serving Our Members

Dru Jorgensen, DTM, Lt. Gov. of Marketing

As we transition from summer to fall, I encourage you to ask not what your Toastmaster club can do for you - ask what you can do for your fellow member and club.

Now is the time to "Think big...start small...move fast!" ~ Bahram Akradi

Set goals personally and for the club.

Now ...stretch your goals. Think big! You can do it!

Put together a plan...hold yourself to the plan.

You can do it!

Your club can do it!

Now is the time to take a deeper dive into your member's and club's needs for self improvement by conducting The Successful Club Series - Moments of Truth program. Club officers could survey members, to gain a clear picture of their goals needs and wants for this year.

Power is in your hands. You have ultimate control over the success of your club.

- Are you personally inviting guests to attend meetings?
- Are you asking guests to join and immediately providing membership forms?
- Are you following up with your guests, inviting them to return?
- Are you using learnings from Moments of Truth to tweak and improve your meetings?

Here is a goal suggestion for your club, sponsor a new club. Members within your club seek out and find a company, community or group to start a new club. Host an information session or Lunch and Learn. Send viable lead information to Dru Jorgensen by using the contact form in <http://www.d6tm.org/contact>. In the category drop down, select Lieutenant Governor of Marketing (Dru Jorgensen). Your members would sponsor and mentor the group...sharing the work load. Everyone will benefit from new friendships, learnings and personal development.

Asking what you can do for your fellow members and club, will provide a basic foundation of success for you, our members, clubs, areas, divisions and the district as we are "Achieving Greatness Together with An Attitude of Service".

Tools To Promote Your Clubs



Lisa Jenks, Public Relations Officer

Public Relations is an ever-evolving strategy to promote our Toastmasters clubs. There are so many untapped or little used tools available to us. We are limited only by our creativity.

First, foremost and easiest - we are now in an era of social media. Any club, area, division or district can and ought to have a presence on social media - Facebook, LinkedIn and Twitter being the most prevalent. Social media can be very effective in disseminating information about your club and its events - to members and to "outsiders."

Blogging is another means of disseminating information. A link can be established on your club website. It is far easier to update and maintain a blog than it is a website, and it can be interactive.

This Toastmasters year, District 6 will feature a new category in the annual public relations contests. In addition to website, newsletter, press release and brochure/flyer contests, there will be a contest for social media/blog.

All clubs are challenged to put their best foot forward with traditional public relations efforts, but also to expand into social media and blogging. Let's have a plethora of entries into each of the contests this year! There is a wealth of creativity in our clubs to be shared and honored. If you would like more information about the contests so that you can begin to prepare your entries even this early in the Toastmasters year, please feel free to contact me through the District 6 website.

Club Coach Program is Taking Shape!

Brian Hinton

The Club Coach Program this year is taking shape! I have been searching feverously for club coaches to match-up with requesting clubs. Also, I am working to establish some club coach training sessions for our growing group club coaches.

As a reminder, a club must have 12 or fewer paid members at the time of the assignment to qualify for a Club Coach. Also, a Club Coach is a Toastmaster who is not yet a member of the club and not familiar with the club or its members. This perspective allows the coach to objectively view the club.

Requests by clubs for a coach or requests by Toastmasters to be a coach can be directed to:

Brian Hinton, brianjhinton@gmail.com;

Stephen Shaner, Toastmasterstephen@hotmail.com; or

Dru Jorgensen, dru.l.jorgensen@supervalu.com.



Hear Ye! Hear Ye!

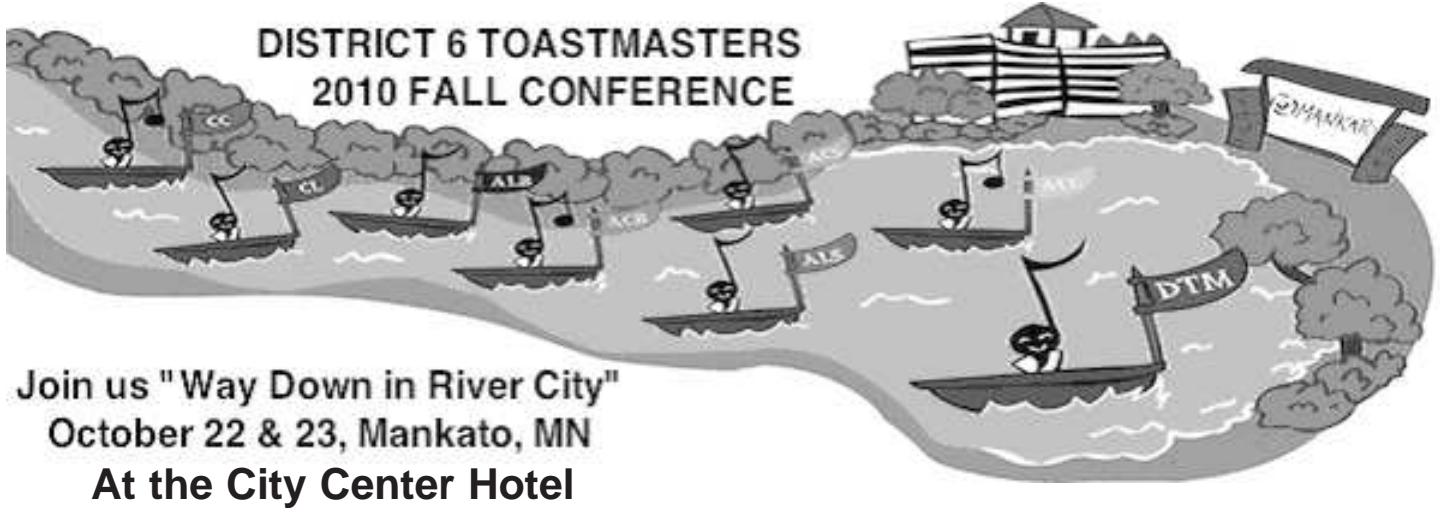
Donations & Volunteers Needed For Silent Auction

The Silent Auction helps to defray some of the expenses for the Fall Conference which will be held in Mankato, MN on Oct 22 and 23. What can your club members donate to the auction? Let us know! Volunteers are also needed to work at the auction tables for one hour intervals.

Email: Cathi Droz at ci2droz@q.com or Julie Shoars at JMShoars@Hormel.com

Phone: 952-288-5815 or 507-369-3245

Note: Monetary donations can be collected from members or from funds other than Club Membership Dues, (e.g., Speechcraft). Checks payable to District 6 can be sent directly to the District Treasurer, Terry Ragan -- 1848 36th St NW, Rochester, MN 55901.



Join us "Way Down in River City"
 October 22 & 23, Mankato, MN
 At the City Center Hotel

Our Fall Conference will be held at the City Center Hotel, located at 101 East Main Street, in beautiful Mankato, Minnesota Friday and Saturday, October 22 & 23, 2010. Come cheer on our Divisional speech contest winners as they compete in Humorous Speech & Table Topics Contests, enjoy educational sessions, and socialize with your Toastmasters friends. For lodging reservations, please call (877) 345 – 5577. Visit the hotel's website for more information including room layouts: <http://www.mankatomnhotel.com>. Room rates are range from \$85 for double to \$95 for king or poolside (plus tax). Total Conference Package \$100 – The best deal; includes all meals and access to all events during the conference!

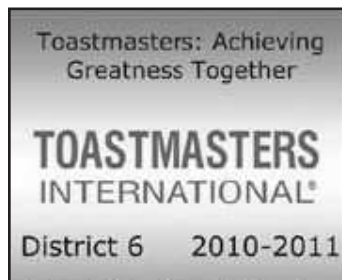
Room reservation cut-off date is September 21, 2010.

Meal Selection for Saturday Lunch in total package (select one): Chicken Kiev _____ Sliced Roast Beef _____ Special Dietary _____
 Meal Selection for Saturday Night in total package (select one): Roast Sirloin _____ Poulet (Chicken) Oscar _____ Special Dietary _____

| Ala Carte Prices | | | |
|-----------------------------------------------------------------------|------------|------------------------------------|------------|
| Friday | | Saturday | |
| Buffet Dinner- Southern Fried Chicken & Pasta Primavera | \$25 _____ | Hot/Cold Breakfast Buffet | \$20 _____ |
| Speech Contest, Friday Fun Night & Hospitality Suite | \$20 _____ | Lunch | \$20 _____ |
| Saturday | | Chicken Kiev _____ | |
| Admission (required for breakfast, lunch and/or educational sessions) | \$25 _____ | Sliced Roast Beef _____ | |
| | | Special Dietary _____ | |
| | | Dinner & Speech Contest | \$35 _____ |
| | | Roast Sirloin _____ | |
| | | Poulet (Chicken) Oscar _____ | |
| | | Special Dietary _____ | |
| | | Speech Contest & Hospitality Suite | \$25 _____ |

Total Registration Amount \$ _____
 Name _____ Address _____
 City/State/Zip _____ Home Phone _____ E-mail _____
 Club Name _____ TM Designation _____ First Conference? Y / N Past District Governor? Y / N

You are encouraged to register and pay online at <http://www.d6tm.org/FallConferenceRegistration>.
 Alternatively, you may make checks payable in U.S. funds to "District 6" and mail with completed registration form to:
 Brian Hinton, 3910 Stoney Creek Ln. NW, Rochester, MN 55901
 Questions? Contact Brian at brianjhinton@gmail.com or 507-287-8948



Proxy Form [Must be submitted to Credentials Desk to obtain ballot(s)]

1. Club name (print): _____
2. Your name (print): _____
3. Your office: _____
Club President, club VP Education, Area Governor, other district officer
4. If you cannot attend (club Presidents and VP Education only), indicate your duly authorized proxy below (must be an active member of your club):
Name (print): _____ Date: _____

We Want Your Club Vote

(Portions are taken from a Mary Swanson Article in the October 2009 Digest)

Every club has the privilege and right to be a part of the business conducted in District 6. We want your club's vote to be counted and your voice to be heard. On October 23rd, the next meeting of the District Council will be held at the City Center Hotel. Our goal is for each club to be represented at the business meeting.

Each club has the right to carry two votes at the business meeting. The President and Vice President of Education carry these votes. If neither of these officers can attend, a proxy form must be used to designate another club member as the club's voting delegate. The

voting delegate must be a member of the club they represent. A member can carry no more than two club votes even if they are a member of more than one club.

Each District officer carries one vote. The total number of votes one member can cast is three.

When the voting delegate arrives at the Fall Conference, they will need to check-in at the Credentials Desk to obtain the ballot(s) that will be used during the business meeting. The Credentials Desk will be open throughout the day, October 23rd. It will close 15 minutes before the business meeting is scheduled to begin to tally the possible number of votes and prepare the Credentials Report.

Are you a Member of a Corporate Club?

Joan Watson

- * Do you get support from management to attend your Club?
- * Does the company recognize the value of having a club in the organization?
- * Is your club growing or are you facing a smaller membership and reduced attendance?



If you answered "No" - there is a new Corporate Club Advocate Program to assist you with resources and creating a plan to educate your company leadership on the values of Toastmasters and help grow your club.

If you answered "Yes" - the Corporate Club Advocate Program will help publicize the impact and benefits provided and recognize your organization should all be Toastmasters.

More information

Contact Joan Watson, Corporate Club Advocate toastmasterjoan@hotmail.com
651-462-2983 (home) or 651-270-8110 (cell)

Division Activities

(Since July 1, 2010)

Central

Central Division had five Magnificent 7 candidates, with all seven of their officers trained during the first Officer Training Session from June through August.

The five clubs are: Tale Weavers 693, Luncheon Linguists 4611, Realtors Toastmasters 2512, Noon Time Expressions Toastmasters 609048, and Crest O' The Hill 981.

Central Division had 16 clubs that had at least four officers trained during the first session.

Congratulations to Hall of Famer Cathi Droz, Spartan Speakers 2376, for receiving her DTM.

Eastern

Larry Marik ACB, ALB, Eastern Division Governor

Eastern Division is off to a great year and I am excited to be your Eastern Division Governor. Officer training for our division has completed and there are six clubs who have all seven officers trained. This was done by the help of a great team of Area Governors in our division. The AGs include: Kris Iyer (Area 11), Amanda Driver (Area 12), Colleen Johnson (Area 13), Laura Griffith (Area 14), Tom Polachek (Area 15), and Paul McNelly (Area 16).

The six clubs that had all seven officers trained are as follows:

King Boreas 208, International Wellness Network, Inc. Toastmasters 1353579, Westside Chats 758930, Money Talks 1101383, Lawson Thrill Speakers 7507, River Park 9033.

The Eastern Division contest is in the works and is scheduled for Oct. 8th at 5:30 PM. Come for the fun! More details are on the District 6 website's calendar. We have lost two clubs in Eastern Division, but should have a new club chartering soon. Please look forward to many exciting things coming out of Eastern Division as we move towards being distinguished.

Frontier

Margaret Brunner DTM, Frontier Division Governor

The Area Governors of the Fabulous Frontier Division are laying the foundation for a fruitful fun filled fabulous year.

With several officer training events offered and their Attitude of service came through as they went to the clubs to offer training. Their efforts were fruitful in training almost 60 % of the club officers in Frontier Division. They are also foraying into the clubs with their visits of support, knowledge and attitude of service. There were five clubs that had all of their officers trained. They are as follows:

First St. Paul 167, Shoreview Speakeasy 8107, Medtox Intoxicators, MNRPCV Toastmasters 1284, Four Seasons 373.

The club members are growing, not only in numbers, but in education and communication awards. So far 7 CC's, 7 AC's, 8 CL or advanced Leader awards including a DTM have been awarded. It is fascinating to know that twenty two new members (so far) are experiencing the communication and leadership building skills that Toastmasters has to offer in the supportive environment facilitated by their favorite Frontier Division club.

Titillating Table Topics and hilarious Humorous Speeches abound as the clubs in Frontier Division prepare to send their finest to the Area Contest and will forge ahead to the Division Contest, with the final frontier to concur at the District Contest at the fabulous fall conference.

It is my pleasure to not only work with this fabulous group of Area Governors but also the clubs and club members that we all serve. One word sums them up....Awesome!

International

Peggy Welter, International Division Governor

International Division is working hard to get into the swing of things . 11 out of 15 clubs have four or more officers trained for this first session with three clubs getting all seven officers trained. Area Governors are working with their clubs to get speech contests completed with the Division contest to be held on October 2nd. The club visit reports should start rolling in soon, I'm confident that we'll have very successful contests and work toward having an awesome second half of the year. Three clubs had all seven officers trained. They are as follows:

The Master of Toast 1360631, Heart of the Harbour 7124, Riverview 5429.

Metro

Jill Nauman, Metro Division Governor

Greetings from Mighty Metro Division! Our division is comprised of Toastmasters clubs which meet in or near Downtown Minneapolis. What we lack in geographic area, we make up for in club density: 32 clubs in 7 areas.

Our magnificent team of Area Governors are Danielle Ducharme (Area 41), Mark Labine (Area 42), Jim Kickul (Area 43), Deanna Reiter (Area 44), Jeff Mancl (Area 45), Thomas Reimler (Area 46), and Kim Curtis (Area 47). The "Magnificent Seven", as I call them, have spent the summer visiting clubs and training club officers. Now they are working with their clubs to organize their Area Fall Contests.

Metro Division has many opportunities for Toastmasters who would like to share their skills with others. Some of our low membership clubs are looking for Club Coaches. My leadership team could also use help with contests and second round officer training. If you would like to be of service in Metro Division, please contact me. For the first round of training we had five clubs that had all seven officers trained. They are as follows:

Bullseye 1007533, Thrivent 1167, One Voice 4437, Butler Expressors 4217, and Generally Speaking 1360867..

I hope to see you all at the Metro Division Fall Contests on Tuesday, October 5th! If not, I will see you at the Fall Conference "way down in River City".

Northern

Mike Orr, Northern Division Governor

The Northern Division for this upcoming year will have as its theme going into winter: "no hibernation." In that theme, all Toastmasters are encouraged to get up and out of their home clubs and out to the area, division, and district events. Also, for many of us, that also includes getting out of your comfort zone. Do something different, try something different, be something different. YOU can make a difference. Find a way to contribute and let other people see how awesome you are. And if you need help, just ask! A special thanks goes out to our outstanding area governor volunteers,

who are helping make a difference: Barbara LaBorde, Kristine Campbell, Patrice Hassing, Steve Mindrum, Mark Olson, and Brian Rice.

Prairie

Kim Windingland, Prairie Division Governor

The Prairie Division is the "Division of Choice" for The Elusive Gilded Gavel. As of this writing, it spent over 50% of its time this year roaming the Prairie. Currently, The Elusive Gilded Gavel is having a great time visiting HealthToasters Club in Central Division. But, I know it will return home soon...unless the Southern Division convinces it to "snowbird" for the winter.

With an awesome team of Area Governors, expect big things from the Prairie! Thank you Area Governors for having an Attitude of Service - Area 61 Daree Selby, Area 62 Char Hoopela, Area 63 Helen Grothe, Area 64 Kay Desmith, and Area 65 Marci Petersen.

For our first train session, Northern Division had 10 clubs that had all seven officers trained. They are as follows:

| | |
|-------------------------|------------------------------|
| High-Tech Talkers 1487 | Happy Talkers 5172 |
| Deliver Under Pressure | Spirit of Leadership 1055613 |
| Sound Bytes 568 | Stock Tockers 8067 |
| Anoka Club 2748 | Soaring Eagles 6292 |
| Westside Speakders 7127 | Sun Risers 2140 |

Rivers

Sharon Rollefson, DTM

There is a lot of excitement in Rivers Division this fall, as many new club members have found their voice. The most rewarding part of being a Toastmaster is watching the growth of our members. In Rivers Division we are seeing New Club Presidents excited about the professional level of our Officer Training sessions asking "Why haven't I done this before?" Rivers Division had 13 clubs that had all of their officers trained. They are as follows:

| | |
|-------------------------------|----------------------------|
| Pleasure Speakers 5126 | Saturday Morning Live 9196 |
| Community Spirit 6742 | Maximizers 4726 |
| Riverbluffers 2426 | Eagan Communicators 5298 |
| Westerly Winds 8582 | Blue Toasters 933954 |
| Escalate 1224471 | Speak N' Eagan 9893 |
| Word Masters 2848 | Prime Timers 1084119 |
| Blues Communication Plus 3561 | |

Our team of Area Governors is extremely enthusiastic as they have conducted club and area events.

As it is with any successful group or organization we all want to participate in a rewarding and fun experience. The people who have mentored me have always encouraged me to "pay it forward". Once you have completed your High Performance Leadership, help someone else with theirs. Once you earn your DTM help someone else earn their DTM. Once you have served as Area Governor, encourage someone else to serve as Area Governor and so we are not only looking forward, but also bringing others with us as we experience and share Toastmasters. As our theme suggests this year "paying it forward" is a good example of our *Attitude of Service*.

Southern

Ann Maxfield, DTM, Southern Division Governor

The members of Southern Division are in the good hands this year of a dynamic team of area governors; Kathy Lundy, Area 81; Elsa Esquivel-Soto, Area 82; Rose Evers, Area 83; Ken Scribner, Area 84; and Paul Pedersen, Area 85. Immediately, all five bonded into an enthusiastic and energetic team, challenging each other to be their best and to reach out to their clubs quickly.

Of the 32 clubs in Southern Division, 25 officer lists were in on time. Southern Division has 20 clubs with all seven clubs trained. We will break a record if all 20 clubs reach Magnificent Seven by year's end. Good luck!

The 20 clubs are as follows:

| | |
|--------------------------------|---------------------------------|
| Mankato 175 | Minnesota River Valley 5252 |
| Owatonna 134 | Speakers of the House 2248 |
| Albert Lea Area 534 | Tuesday With Toastmasters 8204 |
| Faribault Area 922405 | Hiawatha Valley 205 |
| Plain-ly Speaking 490 | Southern Minnesota Mentors 7470 |
| Bluff Country 1181 | Rochester Suburban 1183 |
| Mayo Hi-Nooners 4677 | Mayo Daybreakers 5536 |
| Humor-US 821458 | Bright Monday 1505727 |
| Chamber 5917 | Rochester Break of Day 8693 |
| Chamber Toastmasters Too! 9026 | LunchBunch 1128511 |

Proof that members' needs are being served may be seen in the early achievement of educational and lead-

ership distinctions. Already we have 2 competent communicators, 5 advanced communicators and 10 CL/AL/DTM. Congratulations Sherry Westland on your DTM!!

Elsa Esquivel-Soto is running a youth leadership program during August with seven youth attending.

Southern Division continues to work hard at helping clubs grow. To date we have 24 new members in the division but each area has at least one low member club. Of these clubs, three are currently working with coaches: Speakers of the House (Sherry Westland), Sea Speakers Club (Jill Eliason), and Rochester Suburban Club (Janet Betz and Bob Padzieski.)

Western

Jane Rischmiller, Western Division Governor

The Western Division has all 7 Area Governors trained and actively working with their clubs. The division started out with 748 Toastmaster members and is currently at 784 active members. We have 38 active clubs. The Western Division lost one club with two new clubs chartering. Life Achiev3rs chartered in early July and Toastmasters to the Max chartered in early August. There are 2 additional clubs working to charter sometime this year. 12 Members have achieved their awards. My Area Governors have been aggressively going out to their clubs to train the new officers. We have 153 plus officers trained. We have six clubs that had all seven of their officers trained. The six clubs are as follows:

Talking Meds 5290
 Whole Wheat Toastmasters 6144
 Leadership Summit 691684
 Crosstown Talkers 1349520
 Midday Mumbler 1000
 Speakers Under Pressure 3096

Clubs are running their speech contests. I am looking forward to hearing all of them as they compete at the Area contests. Western Division Fall Speech Contest is on Thursday, October 7th at the St. Jude Medical facility at 14900 Minnetonka Industrial Rd, Building 7, Minnetonka, MN 55345

District 6 Calendar

Visit www.d6tm.org for event details

September 2010

September 23 Rivers Division Contest
 September 25 Prairie Division Contest
 September 28 Central Division Contest
 September 30 Frontier Division Contest

October 2010

October 1 Club Dues
 October 2 International Division Contest
 October 5 Metro Division Contest
 October 6 Northern Division Contest
 October 7 Western Division Contest
 October 8 Eastern Division Contest
 October 9 Southern Division Contest
 October 22-23 Fall Conference
 City Center Hotel, Mankato
 October 30 Area Governor Visit Reports Due

December 2010

December 1 Officer Training Session 2 Begins

January 2011

January 22 District Officer Training
 HealthPartners, Bloomington

February 2011

February 19 TELI
 Double Tree Park Plaza, St. Louis Park

March 2011

March 19 District Officer Training
 HealthPartners, Bloomington

April 2011

April 29-30 Spring Convention
 Radisson, Plymouth, MN

June 2011

June 1 Officer Training Session 1 Begins

Toastmasters International
District 6 Digest

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